

What Do I Do if a Conflict Occurs Near me?



Get Yourself Together



Sensory Input helps put your brain back in the moment:
touch a worry stone, take a drink, have some gum, breathe

Get Your Team Together

What do you/your fellow organizers need?
What did you see? Remember **SALT** (Size,
Activity, Location, Time)

Think about the voters in line as
well: what were their reactions,
what might they need?



Focus on the Voters

Remember why you're here: **to make sure people can vote with safety and dignity!**

Having a sense of control lessens feelings of helplessness & anxiety, so delegate tasks to both your fellow organizers and maybe other voters. Get the crowd involved in chanting, relaying information, passing out water bottles.



Do the voters need PPE, water, or information? Can you assist with helping them find anything on your phone? Ask if anyone has questions and be patient, listen and empathize.

Create Distance & Distraction

Help take voters' minds off of the conflict: form a wall between aggressors (keep a visual on both sides of the "wall" so you can see the voters and potential aggressors!), read horoscopes, chat with people about the weather or non-voting related subjects, start a group song or chant.



De-Escalate

Keep your posture and tone of voice soft and relaxed, empathize if possible and remain vigilant, but detached. Change the subject or focus of the conversation.

Present consequences (ie: "If you continue to block people's access to voting illegally, I'm going to film you.")

Document

Document in a way that doesn't jeopardize people's safety/provoke aggressors, narrate as you document so viewers know what's happening. (remember SALT)

Look out for people inquiring about illegal things, (y)our "plans," and vehicles that circle your location multiple times.

